

Other Services include:

- Social Enterprise Coffee & Gift Shop
- Caravan Club—Short Breaks
- Training & Employability
- Adult Services

"My aim is for all young people to be involved in a youth club with Include Me 2 Club to build confidence, make friends, learn new skills & have fun.

To make every environment a safe space where our young people can be comfortable, confident, open, honest and be their self"

Deborah, Youth Engagement Co-ordinator

"You all do a great job for the kids its good to have something like this for them, otherwise he would never leave the house except for going to school"

Parent



For more information:

Youth Engagement Co-ordinator
youth@includeme2club.org.uk
0141 881 0544 (Option 5)

Where ideas happen.

Include Me 2 Club (SCIO)

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A Scottish Charitable Incorporated Organisation SC047911



12-18

YOUTH

We make days interesting and meaningful



im2c
include me 2 club

What's On Guide
Youth Services

Youth Services at IM2C

Include Me 2 Club's - Youth Programme caters for young people aged 12yrs+ and their families affected by an ASN, Disability and or Mental Health conditions. We also offer activities inclusive to all Young People. IM2C works within communities in East Renfrewshire, Glasgow and further afield.

A range of weekly activities provides young people with various opportunities from social groups, sports, and special interests like Arts, Gaming, Lego, Media, Sports, and Physical Activity. Young People Taking the Lead is vital to our programmes, with young people taking active decisions about their programme. Whilst developing a delivering new, creative, responsive services to ensure our members are involved and included throughout, evolving interests at their different ages and stages of their lives.



Youth Club

Our Youth Clubs are aimed at young people aged between 12-17yrs old, delivering a range of activities, with a mix of sports, games, arts & crafts, cooking, baking, computer games & sensory activities making up the evening programmes. Each night will have a focus or main activity to encourage the young people attending to take part in a group learning experience.

The Youth Club environment will provide a safe space for everyone where they can network, make friends, build confidence, learn new skills and most importantly enjoyable to have fun.



StreetGames

Street Games is for young people aged between 12-17 years old, interested in games, fun, sports and being active. StreetGames is a unique session about inclusive activity, not being competitive or developing the technical ability of the participants. It's about enjoying games and sports for everyone who attends with Maximum Participation! StreetGames encourages participants to learn and play a wide range of multi-sports from tennis, football, basketball, hockey, rounders, kerby, frisbee, dance and more! It's not just about participating in sport and physical activity. It's about making friends, learning new skills, breaking down barriers and making a difference to young people through sport.



Young Leaders

Leadership is not just for Adults! Young People Taking the Lead is core to youth work and community action principles. IM2C delivers a range of active opportunities for youth volunteering from 14yrs to getting involved in the wider programme, services and events. Our Young Leaders Groups will support young people to complete their Young Leaders Development Programme Award.

With young leaders able to take part in training, workshops, courses in sports, games, play, First Aid Ready Heart & Head, building up their volunteer hours, achieving their Saltire Awards, Hi5 Awards, Dynamic Youth Awards and access to much more!

Youth Services at IM2C

“The IM2C Youth Club has been such a godsend, somewhere they can meet up besides school, do things they’re interested in, in a supportive space. Its great this opportunity exists”

Parent of Young Person

“Being a Young Leader has literally change my life, its been one of the best experiences I could have asked for, opening up new opportunities for me that I never had before, whilst making a positive impact”

Young Volunteer

Explorers Group

Include Me 2 Club’s - Explorer’s Group is for young people aged between 16 to 24 years old who are in transition from school, in S5, S6, Attending College, Working or attending a day service of some kind who have an ASN, Disability or Mental Health Condition.

Explorers Group meets up fortnightly, taking part in a wide range of both indoor and outdoor activities, with days out to build vital skills, from socialising, independent travel, independent living skills, keeping existing friendships and networks, whilst making new friends with other participants of the same age and stage.



Holiday Programmes

Include Me 2 Club’s - Holiday Programmes are run during Easter, Summer, and October school holidays. Our holiday programme offers a wide range of indoor, outdoor, games, creative arts, sports activities, alongside trips and days away. Young People will have the opportunity to experience all activities on offer in small groups and be provided with a nutritious packed lunch. Our Summer Festivals and October programmes paved the way for IM2C to identify the need to bring holiday provisions for families. We’ve found our young people have so much fun during the school holiday with our Youth Workers, and they don’t want to go back to school!



Residential Breaks & Trips

Include Me 2 Club organise regular activity breaks for young people, creating opportunities providing fun-filled activity weekends for teenagers. These activities can be from bowling, cinema, climbing, trampoline parks, laser tag and go-karting, all planned for our youth members. Trips will be organised throughout the year and be available to all members to attend. At least once each year, we aim to make a residential trip with our young people. This involves the group going for a weekend experience. Residential Weekends will deliver a host of outcomes through team building, building confidence, teamwork, communication, resilience and positive attitudes through activities.

