

Other Services include:

- Social Enterprise Coffee & Gift Shop
- Caravan Club—Short Breaks
- Training & Employability
- Community Services

Thank you so much for my birthday card I received from IM2C it made me cry to think I was thought about. Made my day! Thank you

Member

“Richard is so happy with his new ipad that you gifted him , this will allow him to to keep in contact with the family, do his shopping, stay connected, play some games and help keep him occupied when he's not able to access his usual activities I've included a photo to show his happiness. Thank you so much for all your support”



For more information:

Adult Services Co-ordinator
adultservices@includeme2club.org.uk
01418810544 (Option 6)

Where ideas happen.

Include Me 2 Club (SCIO)

Hub at James McGuire, 124 Main St, Barrhead, G78 1SG

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A Scottish Charitable Incorporated Organisation SC047911



18+

ADULTS

We make days interesting and meaningful



im2c
include me 2 club

What's On Guide
Adult Services

Adult Services at IM2C

Include Me 2 Club's Adults programme caters for adults aged 16yrs+ and their families effected by an ASN, Disability and or Mental Health conditions. We also offer activities inclusive to all Adults, IM2C works within communities in East Renfrewshire, Glasgow and further afield.

Weekly activities provide adults with a variety of opportunities from social groups, special interests like DJing, Pool, Drama, Media alongside our bigger social activities and groups that deliver a programme of Discos, Karaoke, Live Acts and Games Nights that have been running for over 12yrs. Whilst developing a delivering new, creative, responsive services to ensure our members are involved and included throughout their adulthood and evolving interests at their different ages and stages of their lives.



Transitions Support

Our transitions programme helps young adults with additional support needs to progress from school into a positive destination which suits the individual needs. The programme looks at key life skills such as cooking, cleaning, independent traveling and other key life skills that will help them to progress into a more independent person. This programme will offer the opportunity of a Hi five award or Dynamic youth award. This programme gives the group and individuals a chance to build on their confidence and a platform to move forward to their next step in life.



Hub Club

The Hub Club is a daytime programme of activities, workshops and events, designed for adults aged 16yrs+ with an additional support need or disability to achieve their own personal goals and outcomes. The Hub Club was established to provide a level of choice, flexibility and variety utilising accredited and informal learning opportunities where it hasn't before. Reacting to provide a new type of service that provides an enjoyable, fun, social environment for our members to enjoy the next stage from leaving school, college and looking for their next step in their journey.



Social Clubs

We provide a varied programme of social opportunities that include entertainment that is unique to each location where the night contains Discos, Karaoke, Live Singers, Bands, Quiz Nights, Theme Nights, Game Nights and Race Nights. Social Clubs are designed to be relaxed, fun and provide a party atmosphere to enjoy a night with new friends, old friends, link in with your local community and break the isolation in the evenings from staying at home. Taking part in new activities each week is key to social clubs so that they don't become boring or too repetitive, we provide a programme that is volunteer led and provides opportunities for our members with additional support needs to learn new skills such as djing, performing, hosting and comparing, building new skills, self-esteem and confidence.

Adult Services at IM2C

“Just amazing, words cant describe just what they have done in the past year for all of us, the support we’ve had as a family has been nothing short of amazing and we cant thank them enough. Thank U”

Family - Multiple Service Participant

“The online support has been short of amazing, providing a device, online sessions, activities, entertainment and weekly events both online and in person has been amazing, I would have struggled without it”

Adult Member

Club Late & Live Late

Club Late and Live Late are Inclusive Club and Gig nights, with some of Scotland’s Hottest DJ’s and Musicians, with a changing monthly Guest List of DJs and Performers for everyone to enjoy a great night out! Working in partnership with Dates n Mates Scotland, IM2C coordinate the monthly events, based in G2 (part of The Garage), the venue is fully accessible on the Ground Floor and includes an accessible toilet. We also have a quiet space available to anyone who may need to use this to escape for quiet periods. Operating monthly to ensure our members are fully supported to experience inclusive club nights and nightclub experiences.



Allotment Angels

Allotment Angels is our “growing” gardening project based in the East End of Glasgow and East Renfrewshire. Where groups are organised by our resident green fingered gardeners to get their hands dirty and involved. Since its creation in 2018 our Allotment Project has grown fast and incorporates a wide variety of floral designs and growing patches, recycled projects and artwork. Achieving the Royal Horticultural Society 5 Star Award, delivering the Caley Horticultural Awards, winning local and national acclaims such as Cultivation Street and Groundworks UK. Activities include: Gardening, Growing, Socialising, Landscaping, Creative Building & Recycling with our team to create amazing colourful and immersive, spaces and experiences.



Events & Trips

The charity organises regular trips and events for our members to take part in, from Bowling, Cinema, Theatre and Sporting Events.

Each year there is our annual Blackpool Day Trip, Easter Extravaganza, Halloween Parties, Panto Trips and Christmas Parties in a jam packed calendar of special events. Linking in with local and national events, fun days, celebrations and from Kiltwalks, Rainbow Runs, Santa Dashes, West Highland Ways and events such as the All About Barrhead Halloween Walks and Christmas Fayres.

